

AODtraining@MHC Calendar Semester 1 2024

The Mental Health Commission's Workforce Development team is pleased to release the AODtraining@MHC Semester 1 2024 calendar.

This AODtraining@MHC calendar provides a range of knowledge and skills-based events on alcohol and other drug (AOD)-related issues delivered by experienced professional trainers. AODtraining@MHC events are provided for not-for-profit and government organisations free-of-charge. Places are limited. Please view the Mental Health Commission website at www.mhc.wa.gov.au/aodtraining/ for detailed event information and registration.

New to AODtraining@MHC? Please read the Important Information and FAQs document before registering. See <https://www.mhc.wa.gov.au/media/3762/aodtraining-faqs.pdf>

Strong Spirit Strong Mind Training Programs

KA/ST027 Ways of working with Aboriginal people – Part 1

Presented by: Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission.

Event 1: 5 March 2024 • 9.00am – 4.30pm

Event 2: 28 May 2024 • 9.00am – 4.30pm

Target audience: Human service workers who have Aboriginal clients: individuals and families. Aboriginal workers are encouraged to attend.

Part 1: This training forms part of the Strong Spirit Strong Mind series. Part 1 is knowledge and theory based and outlines topics such as Aboriginal diversity, Aboriginal history, external and internal oppression and the role these play in today's context. The training also explores Aboriginal people's holistic views on alcohol and other drug use, mental health and the concept of social and emotional wellbeing as well as the Aboriginal Inner Spirit. Relevant Closing the Gap targets and Aboriginal empowerment will be introduced.

Application deadline: Event 1: 13 February 2024 • Event 2: 7 May 2024

KA/ST027 Ways of working with Aboriginal people – Part 2

Presented by: Strong Spirit Strong Mind Aboriginal Programs, Mental Health Commission.

Date: 27 June 2024 • 9.00am – 4.30pm

Target audience: Human service workers who have Aboriginal clients: individuals and families. Aboriginal workers are encouraged to attend.

Prerequisite: Completion of KA/ST027 Ways of working with Aboriginal people - Part 1 within the last two years.

Part 2: This training forms part of the Strong Spirit Strong Mind series. Part 2 contains a range of practical models, videos, and activities that provide an introduction into Aboriginal ways of counselling, Aboriginal point of views of health, relationship building, and issues faced by Aboriginal people in a clinical setting. The training is underpinned by concepts of social and emotional wellbeing.

Application deadline: 6 June 2024

KA055 Coercive control

Presented by: Jo Kostopoulos, Women's Health Strategy and Programs, North Metropolitan Health Service.

Date: 15 February 2024 • 9.00am – 12.30pm

Target audience: Clinical and support workers in the AOD and mental health (MH) specialist sectors.

This half-day training aims to increase the confidence and competence of workers in the AOD and MH specialist sectors to appropriately respond to disclosures of family and domestic violence (FDV) within a framework of trauma-informed care and practice.

Application deadline: 25 January 2024

ST326 Trauma Informed Care and Practice

Presented by: Workforce Development, Mental Health Commission.

Event 1: 20 February 2024 • 9:00am - 4.30pm

Event 2: 10 April 2024 • 9:00am - 4.30pm

Target audience: Human service providers working with people who use AOD and/or experience MH issues.

This workshop provides an overview of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.

Application deadline: Event 1: 30 January 2024 • Event 2: 20 March 2024

ST332 Advanced AOD prevention: A facilitator's guide to developing a local AOD Management Plan

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 28 February 2024 • 9.00am – 4.30pm

Target audience: Prevention Officers, Health Promotion Officers, Community Development Officers, Youth/Community Engagement Officers or similar, and those who have a role or interest in coordinating AOD prevention at a community or population-based level.

Pre-requisite: Completion of ST275 An introduction to population-based alcohol and other drug prevention within the past two years.

This interactive one-day workshop will provide participants with the knowledge of how to develop, plan, implement and evaluate an Alcohol and Other Drug Management Plan (AODMP) to address AOD issues at a community or population-based level.

Application deadline: 7 February 2024

KA036 Sniffing, huffing and chroming: Responding to volatile substance use

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 29 February 2024 • 10.00am – 4.00pm

Target audience: Human service providers and frontline workers responding to volatile substance use (VSU) issues.

VSU is a complex issue which can have significant impacts. The workshop will provide a comprehensive overview of VSU effects, risks and harms and best-practice strategies to respond.

Application deadline: 8 February 2024

ST344 BEST Family Group Facilitator Training

Presented by: Dr Andrew Lewis, Federation University Australia and Allan Colthart, Drug and Alcohol Youth Service (DAYS).

Date: 7 - 8 March 2024 • 9.00am – 4.30pm

Target audience: Clinicians and support workers who work with, or would like to work with, the parents of young people who use AOD.

This two-day training is to prepare you to be a facilitator for the BEST group. BEST has been developed and researched over the last 10 years and is a unique evidence-based group program which involves both parents and young people. We recommend that at least two representatives from your agency attend to enable your agency to be able to offer the group in the future.

Application deadline: 15 February 2024

ST336 Practice supervision

Presented by: Workforce Development, Mental Health Commission.

Date: 14 March 2024 • 9.00am – 4.30pm

Target audience: Practice leaders in the AOD and MH specialist sectors.

This workshop will provide a theoretical framework for practice supervision. Participants will learn how to create supportive relationships and environments that promote supervisees' learning from practice. An opportunity to practice using a reflective model of supervision will also be provided.

Application deadline: 22 February 2024

ST346 SASA training

Presented by: Prevention Services, Mental Health Commission.

Event 1: 18 April 2024 • 9:00am – 1:00pm

Event 2: 28 June 2024 • 9:00am – 1:00pm

Target audience: Human service workers who are employed by organisations participating in the WA Naloxone Program who are supplying take-home naloxone.

Note: Participants in this workshop are required to be nominated by their organisation. Please direct enquiries about this workshop to: naloxone@mhc.wa.gov.au

This workshop will equip workers from organisations with the knowledge and skills to administer naloxone, deliver harm reduction messaging, conduct brief education, and supply take-home naloxone to people at risk of experiencing and/or witnessing an opioid overdose, while following conditions of the take-home naloxone program

Application deadline: Event 1: 28 March 2024 • Event 2: 7 June 2024

ST313 Working with young people with complex needs

Presented by: Allan Colthart, Drug and Alcohol Youth Service (DAYS).

Date: 24 April 2024 • 9.00am – 4.30pm

Target audience: Clinicians working with young people with complex needs including AOD issues. The training aims to increase participants' understanding of the development of complex issues and presentations in young people; support staff in developing plans and skills to work effectively; and provide an overview of different psychological treatment modalities effective in working with young people.

Application deadline: 3 April 2024

Online training

eLearning Not able to make it to one of our face-to-face training events? Workforce Development has a range of eLearning that can be accessed anywhere and at any time! For further information, head to: <https://aodelearning.mhc.wa.gov.au/>

Webinars Workforce Development produces a webinar calendar each semester. For more information see <https://www.mhc.wa.gov.au/training-and-events/training-for-professionals/aod-webinars/>

ST262 Mental State Exam

Presented by: Wes Elliot, East Metro Mental Health Services, Royal Perth Bentley Group.

Date: 24 April 2024 • 9.00am – 4.30pm

Target audience: Clinicians working with clients with alcohol and other drug (AOD) and mental health (MH) issues.

Mental State Examination reports on an individual's mental state and behaviour at a point in time. This workshop aims to provide clinicians working in AOD and MH services with the knowledge and skills necessary to identify and describe signs and symptoms of mental illness using a standardised format.

Application deadline: 3 April 2024

KA056 Family and domestic violence in the workplace

Presented by: Jo Kostopoulos, Women's Health Strategy and Program, North Metropolitan Health Service.

Date: 9 May 2024 • 9.00am – 11.30am

Target audience: Human service providers working with people experiencing alcohol and other drug and mental health issues.

This 2.5-hour training will provide participants with an overview of employers' legal and social obligations to employees experiencing FDV, as well as indicators that an employee may be experiencing or perpetrating FDV, various supports that are available, plus more.

Application deadline: 18 April 2024

ST317 Motivational Interviewing – Part 2

Presented by: Workforce Development, Mental Health Commission.

Date: 15-16 May 2024 • 9.00am – 4.30pm

Target audience: Clinicians and support workers in the AOD sector.

Prerequisite: Completion of ST284 Motivational Interviewing - Part 1 (or equivalent) within the last 3 years.

This two-day advanced Motivational Interviewing (MI) workshop will review the theoretical framework of MI then explore core skills and intervention strategies in-depth.

Application deadline: 24 April 2024

ST275 Introduction to AOD prevention in communities

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 21-23 May 2024 • 9.00am – 4.30pm

Target audience: Prevention Officers, Health Promotion Officers, Community Development Officers, Youth/Community Engagement Officers or similar, and those who have a role or interest in coordinating AOD prevention at a community or population-based level.

This workshop will provide participants with an understanding of the principles and models for AOD prevention strategies; prevention theory and resources to support the implementation of AOD prevention strategies.

Application deadline: 30 April 2024

ST324 Gatekeeper Suicide Prevention

Presented by: Workforce Development, Mental Health Commission.

Date: 30-31 May 2024 • 9.00am – 4.30pm

Target audience: Clinicians and support workers in the specialist AOD and MH sectors. Gatekeeper Suicide Prevention training is a two-day workshop designed for professionals and paraprofessionals in the human services whose roles bring them into regular contact with people at risk of suicide.

Application deadline: 9 May 2024

ST343 Emotion regulation

Presented by: Workforce Development, Mental Health Commission.

Date: 25 June 2024 • 9.00am – 4.30pm

Target audience: Clinical and support workers in the AOD and mental health specialist sector. This one-day training aims to assist the worker to develop an understanding of emotion and emotion regulation; gain skills to support people to better identify, understand and manage their strong emotions; and assist people with strategies to respond to overwhelming emotions in constructive ways.

Application deadline: 4 June 2024

Enquiries: phone (08) 6553 0560 • email AOD.training@mhc.wa.gov.au

ST341 Valuable conversations for reducing the impact of alcohol use in child-bearing years

Presented by: Community Support and Development Programs, Mental Health Commission.

Date: 19-20 June 2024 • 9.00am – 4.30pm

Target audience: Service providers working with people of child-bearing age, their families and communities.

This two-day training covers topics including reflective practice, trauma informed care and practice, motivational interviewing, fetal alcohol spectrum disorder (FASD) prevention and brief interventions. This event aims to assist workers to develop their practice and improve engagement and outcomes around alcohol use during pregnancy. Prior FASD learning is desirable, but not essential.

Application deadline: 29 May 2024

Events for Mental Health Workers

MHKW Keyworker – AOD training for government mental health clinicians

Presented by: Workforce Development, Mental Health Commission.

Date: 6-8 February 2024 • 9.00am – 4.30pm

Target audience: Professionals working with people who use AOD in the government mental health (MH) sector.

This three-day training is designed to support MH professionals in government MH services to increase their confidence and competence around working with people with co-occurring AOD and mental health issues.

Application deadline: 16 January 2024

NGOMH Working with people who use AOD: Skills training for mental health workers from NGOs

Presented by: Workforce Development, Mental Health Commission.

Date: 20 June 2024 • 9.00am – 4.30pm

Target audience: Workers in the non-government, not-for-profit MH sector and licensed psychiatric hostels.

This one-day course, aimed specifically at mental health workers in not-for-profit or non-government services, is designed to build on existing skills and develop new practices for working with people with AOD issues combined with MH issues.

Application deadline: 30 May 2024

AOD Foundation Events

ST284 Motivational Interviewing – Part 1

Presented by: Workforce Development, Mental Health Commission.

Date: 6 March 2024 • 9.00am 4.30pm

Target audience: Human service providers working with people who use AOD.

Motivational interviewing (MI) is an established person-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and will learn skills aimed at developing a collaborative 'change conversation' that will help people to identify and examine their ambivalence around AOD use.

Application deadline: 14 February 2024

ST338 Working with people who use AOD with co-occurring mental health issues

Presented by: Workforce Development, Mental Health Commission.

Date: 17 April 2024 • 9.00am – 4.30pm

Target audience: Clinical and support workers in an AOD specialist role who have limited experience working with people with co-occurring issues.

This one-day workshop offers knowledge and skills to support AOD treatment service workers to more accurately identify, and where appropriate, address the needs of people presenting with co-occurring AOD and MH issues.

Application deadline: 26 March 2024

ST334 AOD skills foundation

Presented by: Workforce Development, Mental Health Commission.

Date: 22 May 2024 • 9.00am – 4.30pm

Target audience: Human service providers whose role supports brief AOD interventions. **Recommended prerequisite:** Completion of the online learning package 'Introduction to alcohol and other drugs - Part 1' is highly recommended prior to attendance.

Learn how to maximise the impact of your interventions when you only have limited time with people who may be using AOD. This one-day introductory course will best suit workers whose role is more suited to AOD brief interventions.

Application deadline: 1 May 2024



Government of Western Australia
Mental Health Commission