The Plan sets the direction for mental health, alcohol and other drug service provision in Western Australia from 2015 to 2025. It outlines the Government’s expectations about the changes needed to build on, and enhance the improvements made in recent years.

Key priorities aim to achieve system-wide change to help the sectors meet the needs of Western Australians with mental health, alcohol and other drug problems and support their families and carers. A first of its kind for Western Australia, the Plan sets a bold and ambitious agenda to create a more connected, high quality, and person-centred system.

Specialised State-wide Services

Specialised State-wide Services offer an additional level of expertise or service response for people with particular clinical conditions or complex and high level needs. They include but are not limited to services for: eating disorders; perinatal, gender, sex and sexuality diverse people; Aboriginal people; culturally and linguistically diverse people; and people who are homeless.

The Plan considers the need to expand the availability of a range of high quality, effective and efficient specialised state-wide services to meet demand. In some cases new specialised state-wide services need to be developed, and in other cases existing services need to be expanded.

“... considers the need to expand the availability of a range of high quality, effective and efficient specialised state-wide services ...”
The Plan at a glance

Note: The Plan articulates the overall intentions regarding service development and transformation of mental health, alcohol and other drug services over the next ten years. Exact locations and distributions of services as shown are subject to the Government’s fiscal capacity and approval through normal budgetary processes.

**Specialised State-wide Services**

- MH only inpatient Beds

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<th>2017</th>
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**Specialised State-wide Services** refer to those services that are accessible to the entire State’s population, but may be located in one specific location (e.g. the metropolitan area).

MH = Mental health

Key facts:

- Eating disorders are the 12th leading cause of mental health hospitalisation costs within Australia.
- Children with intellectual disability have three to four times higher rates of mental illness compared to other children.

PERTH METRO

SOUTHERN COUNTRY

NORTHERN AND REMOTE

State-wide
Specialised State-wide Services Actions

What are we doing right now?

- Continuing implementation of the Government’s 2013 election commitment for Specialised Aboriginal Mental Health Services, including specific strategies to enhance access for Aboriginal children and families

By 2017 to prepare for the future:

- Establish and continue to develop specialised state-wide inpatient services for: eating disorders; perinatal; and neuropsychiatry and neurosciences disorders
- Commence establishment or enhancement of community based specialised state-wide services including:
  - Transcultural;
  - Children in Care Program;
  - Hearing and Vision Impaired;
  - Homelessness;
  - Eating Disorders;
  - Perinatal;
  - Neuropsychiatry and Neurosciences;
  - Sexuality, Sex and Gender Diverse;
  - Attention Deficit Hyperactivity Disorder; and
  - Co-occurring Mental Illness and Intellectual and Developmental Disability.

By 2020 to rebalance the system:

- Continue to develop specialised state-wide inpatient services for: eating disorders; perinatal; and neuropsychiatry and neurosciences disorders

By 2025 to continue the reform:

- Maintain the development of further specialised state-wide inpatient services for: eating disorders; perinatal; and neuropsychiatry and neurosciences disorders
Consultation
Stakeholder forums will be taking place across Western Australia until mid-March 2015.
Consultation has already taken place as part of the development process of the Plan. The optimal mix of services described are based on national models for the mental health and the alcohol and other drug sectors. This consultation will focus on specific areas of the Plan to ensure we have identified any gaps, as well as how and when we deliver these services over the short, medium and long term.
Individuals are also invited to submit feedback and comments on the Plan through an easy to use web portal on the Mental Health Commission’s website.

How can I give my feedback on the Plan?
Individuals are invited to submit feedback and comments on the Plan through an easy to use web portal: www.mentalhealth.wa.gov.au

More information
The Mental Health Commission’s website has more information on the Plan. Factsheets cover each of the seven service streams, regional information and detail on the gradual closure of Graylands.

Questions?
You can find responses to frequently asked questions on the Mental Health Commission’s website: www.mentalhealth.wa.gov.au
If you have difficulties accessing the Plan please email: plantechnicalsupport@mentalhealth.wa.gov.au

A summary of feedback will be available on the Mental Health Commission’s website. The final Plan will be published following consultation in the first half of 2015.