The Western Australian Mental Health, Alcohol and Other Drug Services Plan 2015-2025 (the Plan) sets the direction for mental health, alcohol and other drug service provision in Western Australia from 2015 to 2025. It outlines the Government’s expectations about the changes needed to build on, and enhance the improvements made in recent years.

Key priorities aim to achieve system-wide change to help the sectors meet the needs of Western Australians with mental health, alcohol and other drug problems and support their families and carers. A first of its kind for Western Australia, the Plan sets a bold and ambitious agenda to create a more connected, high quality, and person-centred system.

“A first of its kind for Western Australia, the Plan sets a bold and ambitious agenda to create a more connected, high quality, and person-centred system.”
The Plan at a glance

Note:

The Plan articulates the overall intentions regarding service development and transformation of mental health, alcohol and other drug services over the next ten years. Exact locations and distributions of services as shown on this map are subject to the Government’s fiscal capacity and approval through normal budgetary processes.

Southern Country Services

- **Community Support Services** – individual and personalised support to participate in the community (e.g. peer support)
- **Community Treatment Services** – community based clinical services, these can be crisis response or ongoing (e.g. outpatient clinics)
- **Community Bed Based Services** – personalised rehabilitation and recovery services in a residential setting (e.g. step-up, step-down services)
- **Hospital Based Services** – clinical services provided in hospital, these can be emergency or inpatient (e.g. mental health observation areas)

Notes:

** The beds outlined under the “Hospital based services” stream (in all regions), includes beds which will replace those being gradually closed at Graylands.
1. MH = Mental health
2. AOD = Alcohol and other drug
3. Hours of support (community support only): the hours of direct “face-to-face” contact the individual (carer/consumer etc) receives.
4. Hours of service (prevention and promotion, community treatment, specialised state-wide services and forensics): are the hours which the workers/staff are employed for, and include all duties such as “face-to-face” services with individuals, administration, training and other duties.
By 2017 to prepare for the future:

- Double State provision of mental health community support services with a particular focus on rural and remote areas
- Increase capacity for Telehealth links (i.e. telepsychiatry and specialised services) into small hospitals in rural and remote regions
- Increase subacute long-stay (nursing home) places for older adults with mental illness
- Commence development of a residential alcohol and other drug treatment and rehabilitation service for Aboriginal people and their families

GREAT SOUTHERN

- Establish new Transitional Housing and Support Program houses and commission in-reach treatment and support

SOUTHWEST

- Open new mental health community bed based services in Bunbury (10 beds)
- Commence the development of a new alcohol and other drug residential treatment and rehabilitation service

WHEATBELT

- Establish new Transitional Housing and Support Program houses and commission in-reach treatment and support

By 2020 to rebalance the system:

- Increase total number of mental health community treatment hours of service
- Expand the number of regional alcohol and other drug service hubs and increase capacity to provide additional services such as outreach
- Increase subacute long-stay (nursing home) places for older adults with mental illness

GREAT SOUTHERN

- Expand capacity of country hospitals to provide medically supervised alcohol and other drug withdrawal

SOUTHWEST

- Increase total mental health community treatment hours of service across the State, with a priority on developing telepsychiatry, ‘after hours’ services and expanded clinical services for the South West
- Continue expansion of the number of houses with support available in the Transitional Housing and Support Program

WHEATBELT

- Continue expansion of the number of houses with support available in the Transitional Housing and Support Program

By 2025 to continue the reform:

- Expand alcohol and other drug residential treatment and rehabilitation
- Continue expansion of high medical withdrawal beds in the Southwest and the Wheatbelt
- Complete rollout of school based education programs on mental health, alcohol and other drugs
- Establish community alcohol and drug service hubs at 18 sites in non-metropolitan locations across the State
- Expand Hospital in the Home (HITH) beds across the State
A summary of feedback will be available on the Mental Health Commission’s website. The final Plan will be published following consultation in the first half of 2015.