The Western Australian Mental Health, Alcohol and Other Drug Services Plan 2015-2025 (the Plan) sets the direction for mental health, alcohol and other drug service provision in Western Australia from 2015 to 2025. It outlines the Government’s expectations about the changes needed to build on, and enhance the improvements made in recent years.

Key priorities aim to achieve system-wide change to help the sectors meet the needs of Western Australians with mental health, alcohol and other drug problems and support their families and carers. A first of its kind for Western Australia, the Plan sets a bold and ambitious agenda to create a more connected, high quality, and person-centred system.

“
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"
The Plan at a glance

Note: The Plan articulates the overall intentions regarding service development and transformation of mental health, alcohol and other drug services over the next ten years. Exact locations and distributions of services as shown on this map are subject to the Government’s fiscal capacity and approval through normal budgetary processes.

### Northern and Remote Region Services

- **Community Support Services** – harm reduction, individual and personalised support to participate in the community (e.g. peer support)
- **Community Treatment Services** – community based clinical services, these can be crisis response or ongoing (e.g. outpatient clinics)
- **Community Bed Based Services** – personalised rehabilitation and recovery services in a residential setting (e.g. residential rehabilitation and step-up, step-down services)
- **Hospital Based Services** – clinical services provided in hospital, these can be emergency or inpatient (e.g. mental health observation areas)

### Notes:

1. MH = Mental health
2. AOD = Alcohol and other drug
3. Hours of support (community support only): the hours of direct “face-to-face” contact the individual (carer/consumer etc) receives.
4. Hours of service (prevention and promotion, community treatment, specialised state-wide services and forensics): are the hours which the workers/staff are employed for, and include all duties such as “face-to-face” services with individuals, administration, training and other duties.

<table>
<thead>
<tr>
<th>Service Type</th>
<th>2017 Hours (000)</th>
<th>2020 Hours (000)</th>
<th>2025 Hours (000)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MH Community Support Services</td>
<td>242</td>
<td>386</td>
<td>483</td>
</tr>
<tr>
<td>AOD Community Support Services</td>
<td>6</td>
<td>29</td>
<td>30</td>
</tr>
<tr>
<td>MH Community Treatment Services</td>
<td>164</td>
<td>176</td>
<td>176</td>
</tr>
<tr>
<td>AOD Community Treatment Services</td>
<td>239</td>
<td>292</td>
<td>358</td>
</tr>
<tr>
<td>MH Community Bed Based Services</td>
<td>38</td>
<td>48</td>
<td>77</td>
</tr>
<tr>
<td>AOD Community Bed Based Services</td>
<td>106</td>
<td>111</td>
<td>111</td>
</tr>
<tr>
<td>MH Hospital Based Services**</td>
<td>47</td>
<td>69</td>
<td>91</td>
</tr>
<tr>
<td>AOD Hospital Based Services**</td>
<td>0</td>
<td>11</td>
<td>11</td>
</tr>
</tbody>
</table>

Notes:

** The beds outlined under the “Hospital based services” stream (in all regions), includes beds which will replace those being gradually closed at Graylands.

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By 2017 to prepare for the future:

- Double State provision of mental health community support services
- Establish youth-friendly, safe places for those with alcohol and other drug problems
- Increase capacity for Telehealth links (i.e. telepsychiatry and specialised services) into small hospitals in rural and remote regions
- Increase subacute long-stay (nursing home) places for older adults with mental illness

GOLDFIELDS

- Establish new Transitional Housing and Support Program houses and commission in-reach treatment and support
- Open new community mental health bed based services in Karratha

PILBARA

- Establish new Transitional Housing and Support Program houses and commission in-reach treatment and support
- Open new community mental health bed based services in Karratha
- Increase subacute long-stay (nursing home) places for older adults with mental illness

MIDWEST

- Continue expansion of alcohol and other drug support services for residents within existing Transitional Housing and Support Program houses
- Develop a community alcohol and other drug service hub in the Midwest (Meekatharra)
- Expand existing alcohol and other drug residential treatment and rehabilitation services in Geraldton
- Open mental health inpatient beds in Geraldton

GOLDFIELDS

- Expand the number of regional alcohol and other drug service hubs and increase the capacity to provide additional services

PILBARA

- Increase the number of safe places for intoxicated people (also known as sobering up centres)
- Continue the expansion of the number of houses with support available in the Transitional Housing and Support Program
- Open new mental health inpatient units in the Pilbara

MIDWEST

- Expand the number of regional alcohol and other drug service hubs and increase the capacity to provide additional services

By 2020 to rebalance the system:

- Expand capacity of country hospitals across the Goldfields, Great Southern, Kimberley, Midwest and Pilbara to provide medically supervised alcohol and other drug withdrawal
- Increase the total number of mental health community treatment beds
- Increase subacute long-stay (nursing home) places for older adults with mental illness

By 2025 to continue the reform:

- Complete the rollout of school based education programs on mental health, alcohol and other drugs
- Establish community alcohol and drug service hubs at 18 sites in non-metropolitan locations across the State
- Expand Hospital in the Home (HITH) beds across the State
A summary of feedback will be available on the Mental Health Commission’s website. The final Plan will be published following consultation in the first half of 2015.

Find out more
The Plan is now open for consultation until Sunday 15 March 2015 and can be downloaded and read in full on the Mental Health Commission’s website: www.mentalhealth.wa.gov.au/ThePlan

Consultation
Stakeholder forums will be taking place across Western Australia until mid-March 2015.

Consultation has already taken place as part of the development process of the Plan. The optimal mix of services described are based on national models for the mental health and the alcohol and other drug sectors. This consultation will focus on specific areas of the Plan to ensure we have identified any gaps, as well as how and when we deliver these services over the short, medium and long term.

Individuals are also invited to submit feedback and comments on the Plan through an easy to use web portal on the Mental Health Commission’s website.

How can I give my feedback on the Plan?
Individuals are invited to submit feedback and comments on the Plan through an easy to use web portal: https://consultation.health.wa.gov.au/strategy/theplan-consultation

More information
The Mental Health Commission’s website has more information on the Plan. Factsheets cover each of the seven service streams, regional information and detail on the gradual closure of Graylands.

Questions?
You can find responses to frequently asked questions on the Mental Health Commission’s website: www.mentalhealth.wa.gov.au/ThePlan
If you have difficulties accessing the Plan please email: plantechnicalsupport@mentalhealth.wa.gov.au