The Western Australian Mental Health, Alcohol and Other Drug Services Plan 2015-2025 (the Plan) sets the direction for mental health, alcohol and other drug service provision in Western Australia from 2015 to 2025. It outlines the Government’s expectations about the changes needed to build on, and enhance the improvements made in recent years.

Key priorities aim to achieve system-wide change to help the sectors meet the needs of Western Australians with mental health, alcohol and other drug problems and support their families and carers. A first of its kind for Western Australia, the Plan sets a bold and ambitious agenda to create a more connected, high quality, and person-centred system.
The Plan at a glance

Metropolitan Services

**Community Support Services** – harm reduction, individual and personalised support to participate in the community (e.g. peer support)

**Community Treatment Services** – community based clinical services, these can be crisis response or ongoing (e.g. outpatient clinics)

**Community Bed Based Services** – personalised rehabilitation and recovery services in a residential setting (e.g. residential rehabilitation and step-up, step-down services)

**Hospital Based Services** – clinical services provided in hospital, these can be emergency or inpatient (e.g. mental health observation areas)

<table>
<thead>
<tr>
<th>Service Type</th>
<th>2017</th>
<th>2020</th>
<th>2025</th>
</tr>
</thead>
<tbody>
<tr>
<td>MH Community Support Services</td>
<td>912</td>
<td>2,022</td>
<td>3,809</td>
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<tr>
<td>AOD Community Support Services</td>
<td>19</td>
<td>181</td>
<td>207</td>
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<td>MH Community Treatment Services</td>
<td>1,982</td>
<td>2,328</td>
<td>2,709</td>
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<tr>
<td>AOD Community Treatment Services</td>
<td>481</td>
<td>800</td>
<td>1,497</td>
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<tr>
<td>MH Community Bed Based Services</td>
<td>283</td>
<td>401</td>
<td>654</td>
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<tr>
<td>AOD Community Bed Based Services</td>
<td>302</td>
<td>355</td>
<td>568</td>
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<tr>
<td>MH Hospital Based Services Beds**</td>
<td>477</td>
<td>519</td>
<td>718</td>
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<tr>
<td>AOD Hospital Based Services Beds</td>
<td>22</td>
<td>52</td>
<td>85</td>
</tr>
</tbody>
</table>

**Notes:**
1. MH = Mental health
2. AOD = Alcohol and other drug
3. Hours of support (community support only): the hours of direct “face-to-face” contact the individual (caregiver/consumer etc) receives.
4. Hours of service (prevention and promotion, community treatment, specialised state-wide services and forensics): are the hours which the workers/staff are employed for, and include all duties such as “face-to-face” services with individuals, administration, training and other duties.

**Note:** The Plan articulates the overall intentions regarding service development and transformation of mental health, alcohol and other drug services over the next ten years. Exact locations and distributions of services as shown on this map are subject to the Government’s fiscal capacity and approval through normal budgetary processes.
By 2017 to prepare for the future:

- Establish new Transitional Housing and Support Program houses and commission in-reach treatment and support
- Continue alcohol and other drug support services for residents within existing Transitional Housing and Support Program houses
- Increase subacute long-stay (nursing home) places for older adults with mental illness
- Open additional and replacement mental health inpatient services at:
  - Perth Children’s Hospital – 20 bed acute mental health unit for children up to 16 years
  - QEII – 30 bed adult acute mental health unit
  - Midland – 56 bed acute mental health unit
  - Fiona Stanley Hospital – 30 bed acute mental health unit, including new mother baby (perinatal) beds (8); new youth beds (14) and new short stay mental health assessment beds (8)
- Expand mental health observation areas across Midland Hospital, Joondalup Health Campus and Perth Children’s Hospital
- Open new mental health community bed based services in Rockingham (10 beds)
- Convert Bentley Adolescent Unit into a state-wide mental health inpatient subacute service for youth
- Establish two new integrated alcohol and other drug treatment services (Joondalup and Mandurah)
- Commence the development and implementation of a residential alcohol and other drug rehabilitation service for Aboriginal people and their families

By 2020 to rebalance the system:

- Expand Next Step Inpatient Withdrawal Service, in the inner city area, to provide greater capacity for high medical withdrawal
- Develop and commission personalised support services for people with alcohol and other drug problems
- Expand metropolitan alcohol and other drug integrated treatment services to provide outpatient withdrawal, pharmacotherapy maintenance and specialist counselling and support with Rockingham, Midland, Armadale and the Perth Central Metropolitan area identified as priority areas
- Expand mental health community support services across the State

By 2025 to continue the reform:

- Complete closure of existing Graylands facilities, with final transition to new services by 2025 (with a new contemporary service on the existing site)
- Expand mental health observation areas in hospital emergency departments
- Expand alcohol and other drug residential treatment and rehabilitation
- Expand the availability of low medical withdrawal beds
A TEN YEAR PLAN FOR CHANGE

Consultation
Stakeholder forums will be taking place across Western Australia until mid-March 2015.

Consultation has already taken place as part of the development process of the Plan. The optimal mix of services described are based on national models for the mental health and the alcohol and other drug sectors. This consultation will focus on specific areas of the Plan to ensure we have identified any gaps, as well as how and when we deliver these services over the short, medium and long term.

Individuals are also invited to submit feedback and comments on the Plan through an easy to use web portal on the Mental Health Commission’s website.

Find out more
The Plan is now open for consultation until Sunday 15 March 2015 and can be downloaded and read in full on the Mental Health Commission’s website: www.mentalhealth.wa.gov.au/ThePlan

How can I give my feedback on the Plan?
Individuals are invited to submit feedback and comments on the Plan through an easy to use web portal: https://consultation.health.wa.gov.au/strategy/theplan-consultation

More information
The Mental Health Commission’s website has more information on the Plan. Factsheets cover each of the seven service streams, regional information and detail on the gradual closure of Graylands.

Questions?
You can find responses to frequently asked questions on the Mental Health Commission’s website: www.mentalhealth.wa.gov.au/ThePlan
If you have difficulties accessing the Plan please email: plantechnicalsupport@mentalhealth.wa.gov.au

A summary of feedback will be available on the Mental Health Commission’s website. The final Plan will be published following consultation in the first half of 2015.