Community Bed Based Services
A TEN YEAR PLAN FOR CHANGE

The Western Australian Mental Health, Alcohol and Other Drug Services Plan 2015-2025 (the Plan) sets the direction for mental health, alcohol and other drug service provision in Western Australia from 2015 to 2025. It outlines the Government’s expectations about the changes needed to build on, and enhance the improvements made in recent years.

Key priorities aim to achieve system-wide change to help the sectors meet the needs of Western Australians with mental health, alcohol and other drug problems and support their families and carers. A first of its kind for Western Australia, the Plan sets a bold and ambitious agenda to create a more connected, high quality, and person-centred system.

Community Bed Based Services
Community bed based services are focused on providing recovery-oriented services and residential rehabilitation in a home-like environment. The Plan outlines the need to develop a broad range of community bed based services for individuals with mental health, alcohol and other drug problems. This is crucial to reducing demand on hospital based services, thereby improving access to services for individuals who require acute care.

"Community bed based services are focused on providing recovery-oriented services and residential rehabilitation in a home-like environment."
## The Plan at a glance

### Northern and Remote

<table>
<thead>
<tr>
<th>Year</th>
<th>Community Bed Based Services Beds</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>144</td>
</tr>
<tr>
<td>2020</td>
<td>159</td>
</tr>
<tr>
<td>2025</td>
<td>188</td>
</tr>
</tbody>
</table>

### Perth Metropolitan

<table>
<thead>
<tr>
<th>Year</th>
<th>Community Bed Based Services Beds</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>585</td>
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<tr>
<td>2020</td>
<td>756</td>
</tr>
<tr>
<td>2025</td>
<td>1,222</td>
</tr>
</tbody>
</table>

### Southern Country

<table>
<thead>
<tr>
<th>Year</th>
<th>Community Bed Based Services Beds</th>
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</thead>
<tbody>
<tr>
<td>2017</td>
<td>61</td>
</tr>
<tr>
<td>2020</td>
<td>119</td>
</tr>
<tr>
<td>2025</td>
<td>217</td>
</tr>
</tbody>
</table>

- **Notes:**
  1. MH = Mental health
  2. AOD = Alcohol and other drug
  3. All services are MH and AOD combined unless otherwise specified.

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*Note:* The Plan articulates the overall intentions regarding service development and transformation of mental health, alcohol and other drug services over the next ten years. Exact locations and distributions of services as shown are subject to the Government’s fiscal capacity and approval through normal budgetary processes.
Community Bed Based Services Actions

What are we doing right now?

- Opening new community bed based services approved by Government including:
  - Rockingham (Peel – 10 beds)
  - Broome (Kimberley – 6 beds)
  - Kalgoorlie/Boulder (Goldfields – 6 beds)
  - Karratha (Pilbara – 6 beds)
  - Bunbury (South West – 10 beds)

By 2017 to prepare for the future:

- Increase subacute long-stay (nursing home) places for older adults with mental illness across the State
- Expand existing alcohol and other drug residential treatment and rehabilitation services across the State
- Commence the development and implementation of a residential alcohol and other drug treatment and rehabilitation service and a specific service for Aboriginal people and their families in the Southern region of the State

By 2020 to rebalance the system:

- Deliver a new service specifically designed for youth alcohol and other drug treatment and rehabilitation in the Metropolitan area
- Expand low medical alcohol and other drug withdrawal services across the State
- Further increase subacute long-stay (nursing home) places for older adults with mental illness

By 2025 to continue the reform:

- Further expand alcohol and other drug residential treatment and rehabilitation in the metropolitan and Southern Country areas
- Complete delivery of low medical withdrawal beds in the Metropolitan area
- Increase the number of mental health community beds across the State

What are we doing right now?

- Opening new community bed based services approved by Government including:
  - Rockingham (Peel – 10 beds)
  - Broome (Kimberley – 6 beds)
  - Kalgoorlie/Boulder (Goldfields – 6 beds)
Consultation

Stakeholder forums will be taking place across Western Australia until mid-March 2015.

Consultation has already taken place as part of the development process of the Plan. The optimal mix of services described are based on national models for the mental health and the alcohol and other drug sectors. This consultation will focus on specific areas of the Plan to ensure we have identified any gaps, as well as how and when we deliver these services over the short, medium and long term.

Individuals are also invited to submit feedback and comments on the Plan through an easy to use web portal on the Mental Health Commission’s website.

How can I give my feedback on the Plan?

Individuals are invited to submit feedback and comments on the Plan through an easy to use web portal: https://consultation.health.wa.gov.au/strategy/theplan-consultation

More information

The Mental Health Commission’s website has more information on the Plan. Factsheets cover each of the seven service streams, regional information and detail on the gradual closure of Graylands.

Questions?

You can find responses to frequently asked questions on the Mental Health Commission’s website: www.mentalhealth.wa.gov.au/ThePlan

If you have difficulties accessing the Plan please email: plantechnicalsupport@mentalhealth.wa.gov.au

A summary of feedback will be available on the Mental Health Commission’s website. The final Plan will be published following consultation in the first half of 2015.